Harbor Interfaith Produces 5k Race/Walk to Fund Homeless Programs

Sunday, July 1, 2018, Ernie Howett Park, Rolling Hills Estates

SAN PEDRO, CA: Harbor Interfaith Service’s inaugural 5K race—Heart the Homeless—unfolds on completely closed, traffic free roads along the equestrian trail in Ernie Howlett Park, Rolling Hills Estates. The July 1 event includes a 5k run/walk, 1k kid’s fun run, costume contest (“Heart” theme), health expo, and nonperishable food drive. Sponsors include Torrance Memorial Medical Center and LA Care.

The course is along a scenic, soft-packed trail through the woods, taking runners past stables, the Botanic Gardens, and under a bridge. The race includes chip timing, quality t-shirts and goodie bags, custom-designed medals, water stations, and sponsor refreshments. Strollers and pets cannot join participants on the trail, per the park’s request. The park is located at 25851 Hawthorne Blvd., Rolling Hills Estates. Five hundred (500) participants are expected.
The event is a fundraiser for the agency organized in partnership with Start To Finish Event Services. The event company has produced the Acura Bike Tour, Nike Run/Walk events, the Revlon/Walk for Women, and similar events.

"We wanted to produce the kind of an event that would attract new eyes and donors to the agency," said Tahia Hayslet, Executive Director. "We also wanted to do something fun for all ages and give more people an opportunity to help the homeless at a time when the homeless population is rising."

The cost to run or walk is as follows. Please note that prices rise on June 1.

- 5k Race Walk: $35 ages 12+
- 1K Kid's Fun Run: $20 ages 5 to 12
- 5k Team Rate: $25.00 Per Team Member ages 13+ (minimum 5)

Sign up through www.racewire.com

Harbor Interfaith Services (HIS) empowers the homeless and working poor to achieve self-sufficiency by providing support services including shelter, transitional housing, food, job placement, advocacy, childcare, education, and life-skills training. HIS is a non-profit organization serving the South Bay communities of Los Angeles County including San Pedro, the Beach Communities, Harbor City, Harbor Gateway, Inglewood, Lennox, Lomita, Torrance, Wilmington, and Long Beach.

End of Release