



Harbor Interfaith Services

Volunteer Opportunities

FISH, Food Pantry

- Bag and distribute groceries
- Organize the Food Pantry and restock shelves
- Check expiration dates on canned goods
- Sort and bag bread and produce

Family Resource Center

- Reception Desk - Greet clients and answer telephone
- Sign each client in and pull his or her case file
- Make copies
- Accept donations and complete donation slips

Accelerated Learning and Living (A.L.L.) - Transitional Housing

- Conduct life-skills seminars (i.e. - budgeting skills, nutrition and health topics, parenting skills, etc.)
- Tutor adult clients in math
- Perform light building maintenance

HIS Kids – Afterschool Program

- Assist children with homework
- Provide one-on-one tutoring
- Play games with and read to the children
- Assist with chaperoning weekly trips to the library

Caulder Center – Licensed Childcare Center

- Read to the children
- Help prepare lunch and snacks
- Assist with center clean up and maintenance
- Instruction of special projects
- Chaperone field trips

We are also seeking volunteers in the following areas:

- Computer networking
- Event planning
- Web site design
- Public relations
- Special events (i.e. Lobster Festival, Taste of San Pedro, etc.)
- Auxiliary
- Food donations and eScrip

The mission of Harbor Interfaith is to empower the homeless and working poor to achieve self-sufficiency by providing support services including shelter, transitional housing, food, job placement, advocacy, childcare, education and life-skills training.