



## MEDIA RELEASE

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### **HIS Seeks Help to Provide Holiday Meals for Families in Need**

**SAN PEDRO (Nov. 5, 2007)** – The holidays are an important time for family togetherness, giving thanks, and celebrating with a delicious meal. But some families struggle to put food on the table every night, and cannot afford the traditional holiday meals we all cherish.

Harbor Interfaith Services (HIS), a nonprofit that serves homeless and working poor families in the South Bay, distributes 450 holiday food baskets each year during the months of November and December. In order to reach as many families as they would like to, they need help from the community.

HIS is seeking donations of traditional holiday food including: turkey, ham, stuffing, gravy, mashed potatoes, yams, vegetables, pumpkin pie, and cranberry sauce. Cash donations to sponsor a family are also graciously accepted - a \$50 donation will provide a family of four with a complete holiday meal with all the trimmings.

“This is a large goal that we set for ourselves each year and a gift of any size helps us make it happen,” said Shari Weaver, Director of HIS’ Family Resource Center. “It is because of the community that we are able to give all of these families a reason to smile and give thanks during the season of joy and laughter.”

Donations can be dropped off or mailed to Harbor Interfaith at 670 W. 9<sup>th</sup> Street, San Pedro, CA 90731. For more information please visit the website at [harborinterfaith.org](http://harborinterfaith.org) or call 310.831.0603.

*The mission of Harbor Interfaith Services is to empower the homeless and working poor to achieve self-sufficiency by providing support services, including shelter, transitional housing, food, job placement, advocacy, childcare, education and life-skills training.*

*For more information please visit the Harbor Interfaith Services Web site at [www.harborinterfaith.org](http://www.harborinterfaith.org).*

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